



2021-2022

Independence Day Celebration





International Yoga Day



JAMAL MOHAMED COLLEGE(Autonomous)

College with potential for excellence
Accredited(3rd Cycle) with 'A' grade by NAAC
DBT star college scheme and DST-FIST Funded
(Affiliated to Bharathidasan University)
TIRUCHIRAPPALLI - 620 020

STUDENT EXNORA

PLACE: BODINAYAKANNUR

NAME: S. SAHITH RAJA

DATE: 22.06.2021

ROLL NO: 19UA6534

DEPT: III B. COM (II SECTION)



Butterfly



Deep Lunge



Child's Pose



Seated Twist



Upper Pathahasthasana



Left Trikonasana

Note: At my Home I spent this covid pandemic days by learning Yoga for International Yoga day which is organized by Youth Exnora Club of Jamal Mohamed College(Autonomous) Tiruchirapalli- 620 020.



#Stay Home Stay Safe





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(Affiliated to Bharathidasan University)

TIRUCHIRAPPALLI - 620 020

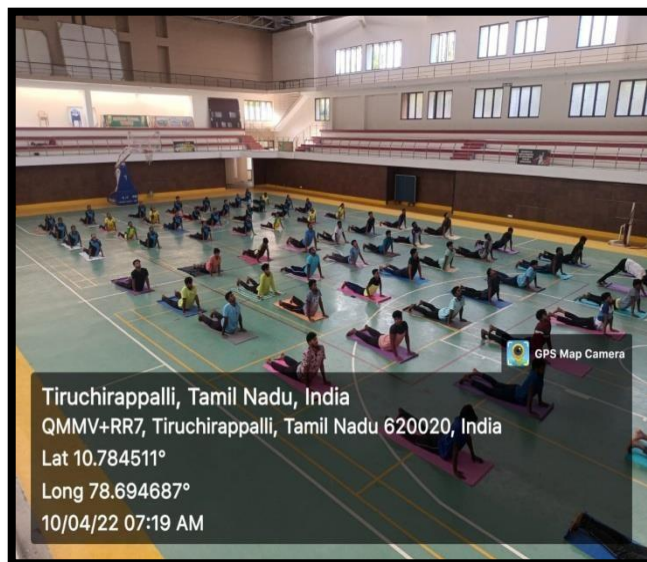
NAAC - SSR IV CYCLE

Criterion VII-Institutional Values and Best Practices

7.1 Institutional Values and Social Responsibilities

7.1.11 Institution celebrates / organizes national and international commemorative days, events and festivals

International Yoga Day



Dr. A.P.J. Abdul Kalam Birthday Celebration

JAMAL MOHAMED COLLEGE (AUTONOMOUS)
COLLEGE WITH POTENTIAL FOR EXCELLENCE
Re-accredited (3rd cycle) with 'A' Grade by NAAC
(Affiliated to Bharathidasan University)
TIRUCHIRAPPALLI-620 020

NATIONAL SERVICE SCHEME - WOMEN

DR. A.P.J. ABDUL KALAM
1931-2015

WE INVITE YOU ALL TO THE CELEBRATION OF LOVE
DR.A.P.J.ABDUL KALAM DAY OF NSS - (WOMEN UNIT)
FOR 1ST YEAR ON 15TH OCTOBER 2021

ONLINE COMPETITION

✿ ————— ✿

✿ ESSAY (WINGS OF FIRE) ✿
(OR)
(YOU ARE BORN TO BLOSSOM)

✿ SPEECH (ABOUT DR.A.P.J.ABDUL KALAM) ✿

✿ DRAWING (DREAM) ✿
(OR)
PAPER CRAFT(ANIMALS OR FLOWERS)

✿ ————— ✿

NSS PROGRAMME OFFICERS
DR.R.ARULNANGAI
MRS.A.RAMEEZA



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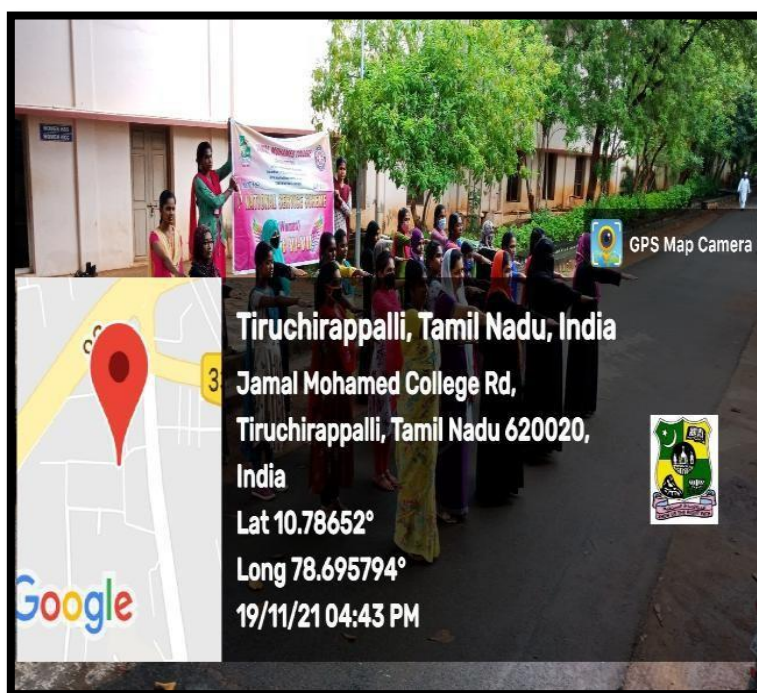
NAAC - SSR IV CYCLE

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Unity Day Pledge



Indian Constitution Day





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Human Rights Day

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Tiruchirappalli -620 020.

NATIONAL SERVICE SCHEME
(WOMEN UNIT)

DATE : 13.12.2021 TIME: 4:30 – 6:30 PM
VENUE: Hussainudeen Hall

WE CORDIALLY INVITES YOU TO HUMAN RIGHTS DAY
PROGRAMME ON OCCASION OF NATIONAL SERVICE
SCHEME (WOMENS UNIT)

**IN THE AUGUST PRESENCE OF
FELICITATIONS**

HAJEE. MJ.JAMAL MOHAMED BILAL President	Dr.A.K.KHAJA NAZEEMUDEEN Secretary & Correspondent
HAJEE.MJ.JAMAL MOHAMED SAHIB Treasurer	Dr. K. ABDUS SAMAD Assistant secretary
Dr. A. MOHAMED IBRAHEEM Vice - Principal	Dr. M. MOHAMED SIHABUDEEN Additional Vice Principal
Dr. K. N. ABDUL KADHER NIHAL Member & Honorary Director	Dr. K.N. MOHAMED FAZIL Director-Hostel admin
Mr M. J. M. MUJEEBUR RAHMAN Member	Ms. J. HAJIRA FATHIMA Director - Women Hostel
Dr. K. HALIMUNNISA Part – V Co-Ordinator (Women) Extension Activities	NSS PROGRAMME OFFICERS Dr. R. ARULNANGAI Mrs. A. RAMEEZA
Dr. S. ISMAIL MOHIDEEN Principal	

WE HEARTLY WELCOME YOU ALL ...!



Criterion VII-Institutional Values and Best Practices

7.1 Institutional Values and Social Responsibilities

7.1.11 Institution celebrates / organizes national and international commemorative days, events and festivals

Republic Day Tree Planting - (Online Mode)





Criterion VII–Institutional Values and Best Practices

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Women's Day Special Stall Programme





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NAAC - SSR IV CYCLE

Criterion VII-Institutional Values and Best Practices

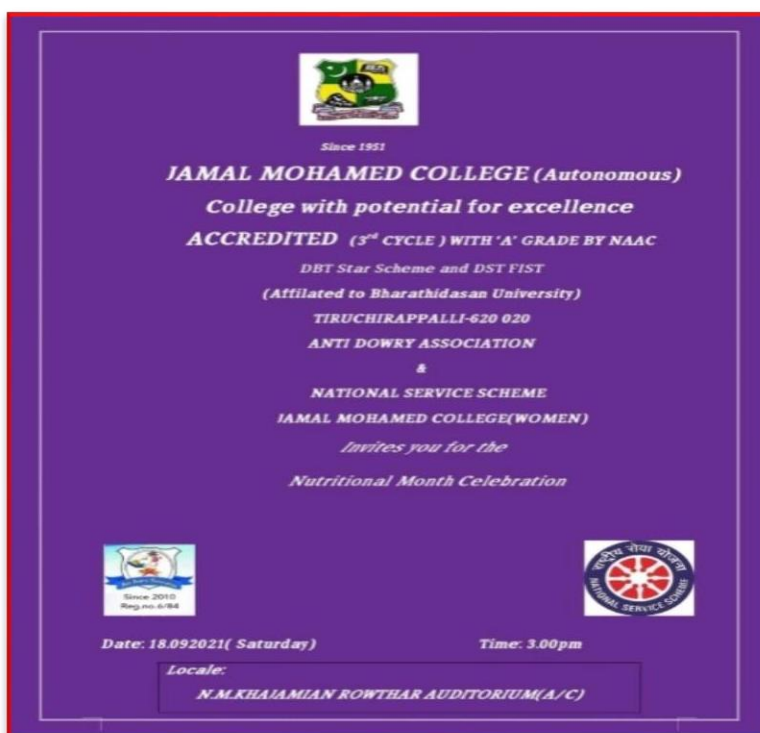
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Fit India Awareness Programme



Nutritional Month Celebration-Rashtriya Poshan Maah





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United National Day



https://www.youtube.com/shorts/LOS_RI5mV_E

National Cancer Awareness Day



<https://www.youtube.com/shorts/cxrfi6mzqsq>



Children's Day Celebration



https://www.youtube.com/watch?V=gov_Juv3lx8

Elimination of Violence Day Video



<https://www.youtube.com/watch?V=4a5yrg5s59a>



Criterion VII–Institutional Values and Best Practices

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World AIDS Day



International Girl Child Day



<https://www.youtube.com/watch?V=igyduypuox4>

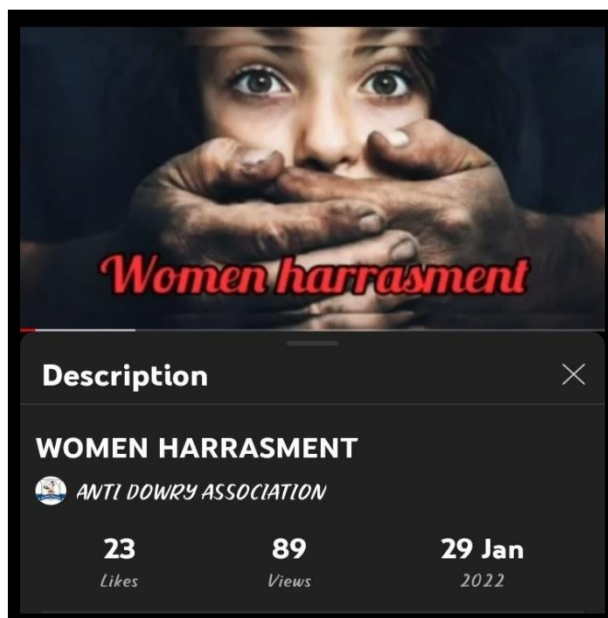


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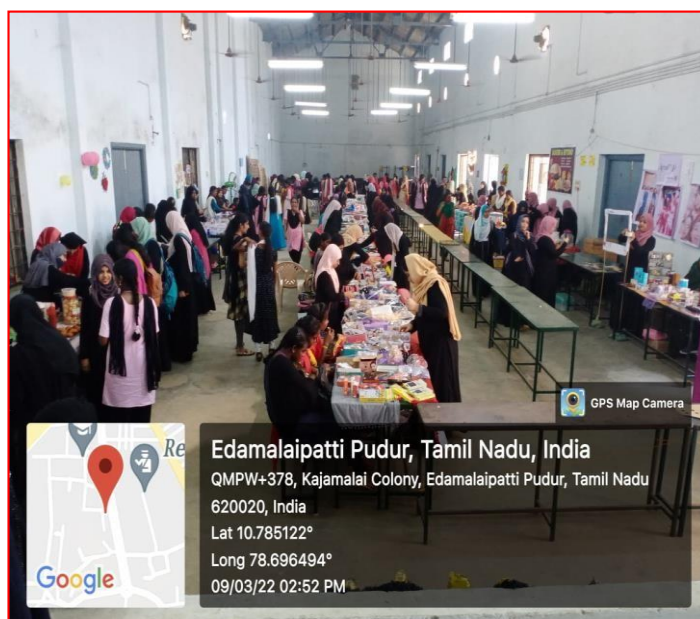
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Women Harassment Day



<https://www.youtube.com/watch?V=brbka5sspac>

Stall Exhibition-Women's Day Celebration





2020-2021

International Yoga Day conducted by NSS on 21.06.2020





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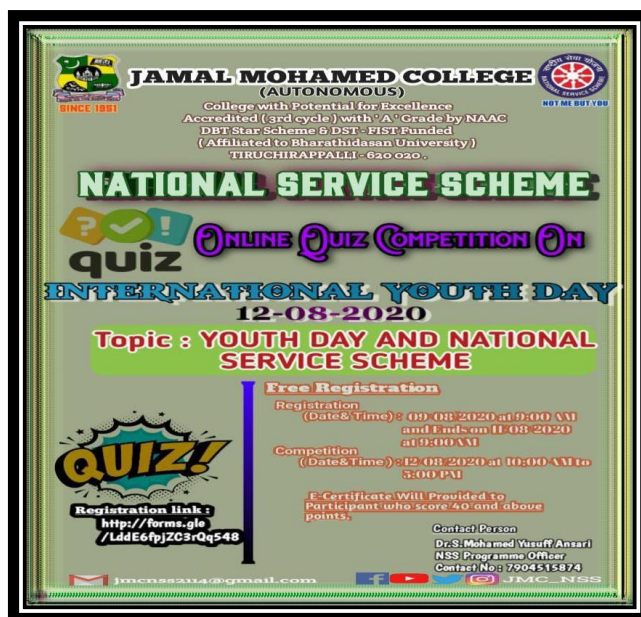
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National Hospital Day conducted by NSS on 30.07.2020



International Youth Day conducted by NSS on 12.08.2020





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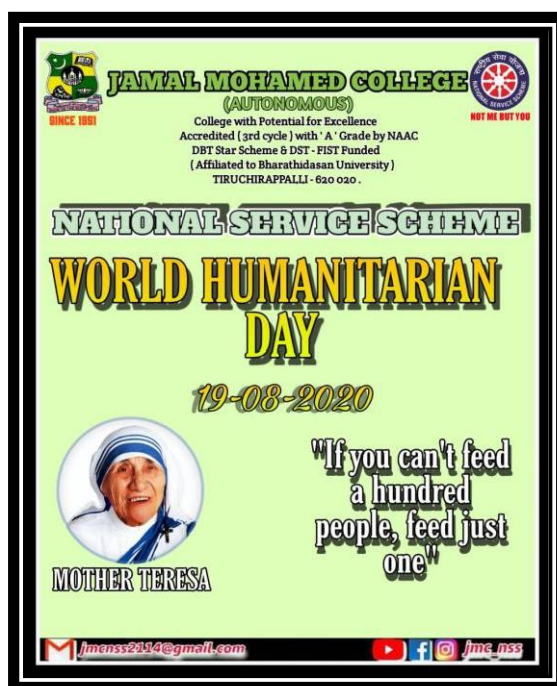
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74th Independence Day conducted by NSS on 15.08.2020



World Humanitarian Day conducted by NSS on 19.08.2020





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Fit India conducted by NSS on 26.08.2020 to 03.09.2020



Gandhi Birthday conducted by NSS on 02.10.2020





Teachers Day conducted by NSS on 05.09.2020



Literacy Day conducted by NSS on 08.09.2020





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Republic Day Programme (JMC) conducted by NSS on 26.01.2021





2019-2020

World Environment Day - “One Student One Tree”



Independence Day Celebration on 15.08.2019





Criterion VII–Institutional Values and Best Practices

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International Yoga Day (NCC)



International Yoga Day





International Day Against Drug Abuse and Illicit Trafficking



Yoga Awareness – Health Care





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Traffic rules Awareness Show (Students Exnora Club)



Exnora Tree Plantation One Student One Tree (Students Exnora Club)





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World Sight Day (NSS)



World Cotton Day (FT&CD)





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National Youth Awakening Day (NSS)



Dr.A.P.J. Abdul Kalam Birth Anniversary Memorial Special Lecture (Maths)





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**Youth March on for Agro Ecology and Food Sovereignty –
one-day conference (Students Exnora Club)**



AIDS Awareness Program





AIDS Awareness



Republic Day (NCC)





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Cancer Awareness



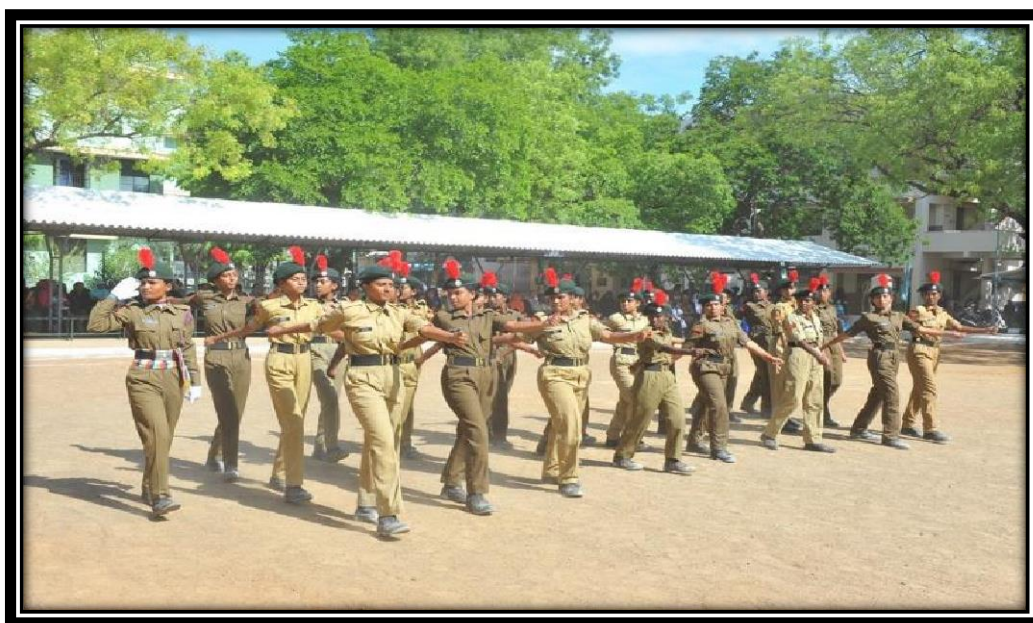
International Women's Day





2018-2019

Independence Day Celebration



International Yoga Day (NSS)





Criterion VII-Institutional Values and Best Practices

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International Day against drug abuse and illicit Trafficking



International Peace Day





International Day of Girl Child





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National Education Day



Corruption Free India Vigilance Awareness





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Road Safety (Rotaract Club)



Republic day Celebration





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2017-2018

Independence Day Celebration



Seven Days Special Camp –Youth for Cleanliness





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Humanitarian Week Celebration



Tree Plantation





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Republic Day Celebration

