

7.2 Best Practices

Describe at least two institutional best practices

Upload details of two best practices successfully implemented by the institution as per NAAC format in your institution website, provide the link

1. Title: Blood Donation

Objectives:

- To save life by donating blood at times of emergencies.
- To inculcate service mentality among the student community.
- To create awareness on blood donation among the public.

The Context

The proliferation of hospitals, availability of highly qualified medical professionals, paramedics, induction of modern technology and adoption of newer procedural techniques have led to a vast increase in Medicare, ameliorating the suffering of the people and increasing their average life span. However, all these call for interventional surgeries, critical care and necessity for blood transfusions at short notice. It is in such situations of crisis that our students' rise to the occasion. They play a stellar role in donating blood to the needy, thereby providing "a second chance at life".

The practice

To facilitate immediate response to emergency calls, the college has a setup a systematic procedure for blood donation. At the start of every academic year, identification camps under the guidance and help of hospitals / blood banks to identify the blood groups of the students are organized. All the students are encouraged to participate in these camps as well as to donate blood. They are educated on the essential conditions to be fulfilled by the volunteers before blood donation. A list of blood donors is prepared and three students representing the first year, second year and third year of the UG course, are nominated as blood donation in-charges. When a call for blood transfusion is routed by the hospitals through the needy patient's caretakers the students representatives identify and approach the student volunteers for blood donation based on the pre-prepared list.

To recognize the services of the volunteers, certificates of voluntary service to the society are upon recommendation by the college, awarded to them. Further nutritious food specially prepared, are provided to them. During times of examination when the students are busy with their preparations, the college approaches the blood banks which have already availed blood donations by our students to satisfy the calls by needy patients.

Evidence of Success

For the academic year 2017-2018 alone, 1000 units of blood have been donated by our student volunteers. In recognition of their service, our college has received many awards for blood donation from International Lion Club and other service organizations.

Problems Encountered

During the holidays, examinations as well as semester vacations, we find it difficult in arranging blood donors to the needy.

2. Title : Anti-Dowry Association**Objectives:**

- To create awareness of the evils of dowry among the youth.
- To encourage the youth to marry without collecting any dowry.
- To instil in the young minds of self-confidence and self esteem

Context:

Dowry menace is the scourge of our society. It really started as an innocuous practice wherein the parents of both the bride and bridegroom pooled in their resources for starting the livelihood of the young couple. It has down the ages deteriorated into a situation where the parents of the bride alone have to bear the expenditure. This has made marriages impossible for many women on account of their poverty or if they get married somehow, they suffer untold hardships and exploitation at the hands of their in-laws.

Practice:

In order to eradicate the evils of dowry, our college has established an Anti-Dowry Association (ADA), which during the year 2017-2018 had about 600 students of whom 400 were men students and 200 were women students. This ADA has adopted a two pronged approach to tackle this menace. The first one is to

- educate the men students to not only abhor and abstain voluntarily from this vicious practice, but also to provide the bride “Mahr-willing gift” at the time of marriage and the second one is to
- call upon the women students not to succumb to societal pressure, but to get married only on the condition of no dowry being given or accepted.

To carry this message to the society and to create a awareness in them, the ADA conducted street plays, debates, conference, distributed pamphlets, organized rallies and human chains during the last academic year 2017-2018.

Evidence of Success:

True to the motto of the ADA, most of the men students who were the members of the club are getting married without getting dowry, while on the other hand women members have prevented their elders from providing dowry during their marriages. In recognition of this noble ideals, several service organizations presented awards to our Anti Dowry Association during the last academic year 2017-2018.

Problems Encountered:

Though our student members adhere strictly to the ideals of ADA, we have constraints in the timely collection of the details regarding their marriage.