



# JAMAL MOHAMED COLLEGE (Autonomous)

Accredited with 'A++' Grade by NAAC (4th Cycle) with CGPA 3.69 out of 4.0

(Affiliated to Bharathidasan University)

TIRUCHIRAPPALLI - 620 020



## JAMAL JOURNAL CLUB

**Date:** 25.02.2024

**Time:** 03.30 p.m.

**Venue:** N&D Seminar Hall

**Dr. V. KAVITHA**

Assistant Professor of Nutrition & Dietetics

**Topic:** Novel Research Trends in Nutrition and Dietetics

**Ms. R. AYSHA NILOFER**

II M.Sc., Nutrition and Dietetics

**Topic:** Assessing the effects of Barley - Infused Psychobiotics on Mental Health: A study on Diet, Gut Microbiota and Psychological Resilience

**Organizing Department** : Nutrition & Dietetics

**Department Staff In charge** : Dr. V. Kavitha

Assistant Professor of Nutrition & Dietetics

**Coordinators**

**Dr. A. Sadiq Bukhari**

**Dean of Research**

**Dr. A. Shajahan**

**Principal**

**Dr. D.I. George Amalarethnam**

Associate Professor of Zoology

Associate Professor of Botany

**Dr. S. Mohamed Hussain**

Assistant Professor of Zoology