

Semester	Course Code	Course Category	Hours /Week	Credits	Marks for Evaluation		
					CIA	ESE	Total
III	24UNDVAC1	VALUE ADDED COURSE-I	30	-	-	100	100
Course Title		MILK PROCESSING TECHNIQUES					

SYLLABUS		
Unit	Contents	Hours
I	<b>Milk</b> – Definition, Composition of milk – Major & Minor components of milk. Factors influencing the composition of milk- Breed, stage of lactation, age, feed and vaccination of the cow. Nutritive Value of milk, Properties of milk. Sensory evaluation of raw milk.	6
II	<b>Milk Procurement</b> –Market milk – market milk industry in India – Source of milk procurement –collection, different mode of transportation of milk, milk reception-unloading, sampling, testing – organoleptic tests, Clot on boiling test, weighing and recording.	6
III	<b>Processing of Milk</b> – Straining, filtration, Clarification. <b>Chilling of Milk</b> - Can immersion, In can Cooling, Surface Cooler, Tubular Cooler, Plate Chiller, Bulk Milk Cooler. Principles of HACCP in milk industry.	6
IV	<b>Thermal Processing of Milk</b> - Homogenization, Sterilization – In bottle sterilization, Ultra High Temperature Short time (UHTST) process, Pasteurization – In bottle Pasteurization, Batch Pasteurization – Low Temperature Long Time (LTLT), Flash Pasteurization – High Temperature Short Time (HTST) , Ultra High Temperature Pasteurization (UHT) and Vacuum Pasteurization. Evaporation of milk.	6
V	<b>Microbiological Quality Evaluation of Milk</b> – Microflora of pasteurized milk, Thermoduric microflora, Thermophilic microflora and Psychrotropic microflora. <b>Packaging of milk</b> – Aseptic packaging and storing. <b>Types of Milk and milk products in the market</b> – Toned milk, Double toned milk, Standardized milk, Recombined milk, Reconstituted milk, Filled milk, Chocolate milk, Homogenized milk, Flavoured milk, Fermented milk, yogurt, curd, cheese and icecream.	6

<b>Text Book(s):</b>
1.Megh R. Goyal, Ashok K. Agrawal (2017), Processing Technologies for Milk and Milk Products, Apple Academic Press, India.
2. D.K.Thompson (2012), Quality Milk Production & Processing Technology, NIPA Publishers, India.
3. Robinson (1986), Modern Dairy Technology, Vol.I, Advances in milk processing, Chapman and Hall India, Madras.
<b>Reference Book(s):</b>
1.Robinson, Trevor Britz (2008), Advanced Dairy Science and Technology, Wiley Publication, New York City.
<b>Web Resource(s):</b>
1. <a href="http://www.geocities.com/Heartland_cottage/1288/intro/Intro.htm">www.geocities.com/Heartland_cottage/1288/intro/Intro.htm</a>
2. <a href="http://www.purifymind.com/CheeseRennet.htm">www.purifymind.com/CheeseRennet.htm</a>

**Course Outcomes****At the end of the course, students will be able to**

<b>CO No.</b>	<b>CO Statement</b>	<b>Cognitive Level (K-Level)</b>
<b>CO1</b>	Understand the composition and nutrient content of milk	<b>K2</b>
<b>CO2</b>	Apply knowledge to understand the process of procurement and transportation of milk	<b>K3</b>
<b>CO3</b>	Explain the different processing techniques of milk	<b>K4</b>
<b>CO4</b>	Develop knowledge on thermal processing of milk	<b>K6</b>
<b>CO5</b>	Evaluate the microbiological quality of milk and types of milk available in the market.	<b>K5</b>

**Course Coordinator: Dr.J.Harine Sargunam**

Semester	Course Code	Course Category	Hours	Credits	Marks for Evaluation		
					CIA	ESE	Total
V	24UNDVAC2	Value Added Course-II	30	-	-	100	100

Course Title	IMMUNONUTRITION
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SYLLABUS		
Unit	Contents	Hours
I	<b><u>INTRODUCTION TO IMMUNITY</u></b> Immunity-Definition, Types-Innate immunity and acquired immunity. Immune response, Immune modulation (concept only). Genetic and environmental modifiers of immune function, Immunization schedule for Indians.	6
II	<b><u>IMMUNONUTRITION IN HEALTH.</u></b> Importance and scope of Immunonutrition in health. <b>Organs and Immune functions-</b> muscle and immune functions, Gut and Brain health connection to immunity	6
III	<b><u>ROLE OF AMINO ACIDS, FATTY ACIDS, VITAMINS, TRACE ELEMENTS AND ENZYMES IN IMPROVING IMMUNITY:</u></b> Definition of Immunonutrition and Immunonutrients. <b>Role of Immunonutrients:</b> Amino acids- arginine, glutamine, Fatty acids-omega 3-fatty acids; vitamins- vitamin C, vitamin E, Beta-carotene; Trace elements-selenium and zinc; enzymes -Superoxide dismutase (SOD), glutathione peroxidase (GSH)	6
IV	<b><u>INFLAMMATION AND DISEASE CONDITIONS</u></b> Cellular lipids and inflammations. Inflammations in Auto immune diseases, Type II Diabetes, Heart diseases, Inflammatory bowel diseases, Rheumatoid arthritis, cancer.	6
V	<b><u>IMMUNONUTRITION IN DIET THERAPY:</u></b> <b>Immune boosting foods-</b> Green Leafy Vegetables-spinach, moringa; Root and Tubers-Sweet potato, garlic; Fruits: Amla. lemon; Spices-Turmeric, ginger. <b>Immune boosting recipes-</b> spinach and moringa soup, golden milk (Turmeric milk), lemon rasam, ginger tulsi tea. Planning of Immuno modulating diet (IMD) by using five food groups. Immunonutrition in Critical response (special feeding-enteral and parenteral)	6

**Text Book(s):**

1. Bharat B. Aggarwal, David Heber, Immunonutrition-Interactions of Diet, Genetics, and Inflammation 2014, : [CRC Press](http://www.crcpress.com), Taylor and francis group, Baco Raton, New York, London.  
ISBN:9781466503861, 1466503866

**Net references:**

1. <https://www.hsph.harvard.edu/nutritionsource/nutr...>

2. [https://www.up.ac.za/file/grandroundtopics\(PPT\)](https://www.up.ac.za/file/grandroundtopics(PPT))

3. <https://clinicalnutritionespen.com/article/pdf>

4. [https://www.nin.res.in/downloads/Nutrition\\_Li](https://www.nin.res.in/downloads/Nutrition_Li)

<b>Course Outcomes</b>		
Upon successful completion of this course, the student will be able to:		
<b>CO No.</b>	<b>CO Statement</b>	<b>Cognitive Level (K-Level)</b>
CO1	Recall the concepts of the Immunity and Immunization schedule for Indians	<b>K1</b>
CO2	Outline the associations of muscle, gut and brain health with immunity	<b>K2</b>
CO3	Explain the role of Immunonutrients in Immunonutrition	<b>K5</b>
CO4	Categorize the Inflammations in various disease conditions	<b>K5</b>
CO5	Plan and aware about the importance of Immuno -Modulating diet and special feeds for Critical response	<b>K6</b>

**Course Coordinator: Ms. B.RAJALAKSHM**

Semester	Course Code	Course Category	Hours	Credits	Marks for Evaluation		
					CIA	ESE	Total
III	24PNDVAC1	Value Added Course-I	30	-	-	100	100

Course Title	Techniques in Food Analysis
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SYLLABUS		
Unit	Contents	Hours
I	<b>General</b> <b>Preparation of samples for food Analysis:</b> Grinding dry materials, grinding moist materials, enzymatic and chemical treatment <b>General application and chemical Composition:</b> Determination of moisture – Air oven methods, Distillation methods, chemicals methods, physical methods Ash and minerals – Determination of ash, ashing procedures for elemental analysis	6
II	<b>Spectroscopic Instrumentation for food analysis – Principles and applications</b> <b>Spectroscopic Instruments</b> UV-Visible Spectroscopy, Atomic-Absorption Spectroscopy (AAS) Inductively Coupled Plasma – Optical Emission Spectrophotometry (ICP- OES/MS) , Mass spectroscopy, Nuclear Magnetic Resonance Spectroscopy (NMR) Fourier Transform Infrared Spectroscopy (FT-IR)	6
III	<b>Chromatographic techniques for food analysis – Principles and Applications:</b> Paper and thin layer chromatography, Column chromatography, HPLC, HPTLC, Gas – liquid chromatography, GC-MS, Extraction – Solid liquid extraction, Liquid-liquid extraction, Supercritical fluid Extraction	6
IV	<b>Rheological methods and instrumentation – Principles and applications</b> Rheological Properties, Rheological methods and instrumentation, Measuring the components of Food texture	6
V	<b>Reporting Results and reliability of analysis and Methods and Instrumentation:</b> Reporting Results, Reliability of analysis <b>Carbohydrates:</b> Determination of water soluble and water Insoluble solids, mono- oligosaccharides, hexamines, polysaccharides	6

**Text Book(s):**

1. Pomeranz. Y and Clifton E. Meloan, Food Analysis : Theory and Practice, 2004. 3<sup>rd</sup> Edition, , CBS Publishers & Distributors Pvt, LTd.
2. S.Ranganna, Hand Book of Analysis and Quality Control for Fruit and Vegetable Products, TataMcGraw-HillPublishingCompanyLimited,New Delhi, 2004.
3. S.Sadasivam,A.Manickam,biochemicalmethods,NewAgeInternationalPublisher,NewDelhi, 2004.

**Web Resource(s):**

1.[https://fssai.gov.in/upload/uploadfiles/files/Manual\\_Spices\\_25\\_05\\_2016\(1\).pdf](https://fssai.gov.in/upload/uploadfiles/files/Manual_Spices_25_05_2016(1).pdf)[https://www.fssai.gov.in/upload/uploadfiles/files/MILK\\_AND\\_MILK\\_PRODUCTS.pdf](https://www.fssai.gov.in/upload/uploadfiles/files/MILK_AND_MILK_PRODUCTS.pdf)

<b>Course Outcomes</b>		
Upon successful completion of this course, the student will be able to:		
<b>CO No.</b>	<b>CO Statement</b>	<b>Cognitive Level (K-Level)</b>
CO1	Understand the principles behind in analytical techniques	<b>K2</b>
CO2	Apply modern instrumental methods to analyse proximate composition of foods	<b>K3</b>
CO3	Analyse the nutrient content of food analysis by standard methods	<b>K4</b>
CO4	Evaluate the purposes and methods of food analysis in research, government and food industry	<b>K5</b>
CO5	Develop skills required in various industries ,food analytical labs and in the field of food	<b>K6</b>

**Course Coordinator : Dr. A. Sangeetha**