

CURRICULUM VITAE
DEPARTMENT OF NUTRITION AND DIETETICS (SF)



- 1. Name** : **M.ANGEL**
- 2. Date of birth** : 24.12.1982
- 3. Qualification** : **M.Sc., PG.DN&D., PGDCA., (Ph.D) UGC Meritorious Fellow**

4. Address:

Residence

W/o Mr. M.Stephen AmalRaj,
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Office

Department of Nutrition and Dietetics
Jamal Mohamed College (Autonomous),
Tiruchirappalli – 620 020
Tamil Nadu, India.

- 5. Designation** : **Assistant Professor**

6. Educational Qualifications :

Details of Ph.D Degree : Thesis submitted to Gandhigram Rural Institute –

Deemed University, Gandhigram, Dindigul.

Sl. No.	Examination Passed	University / Institution	Year of Passing	% of Marks /Grade	Class
1.	M.Sc Food Science and Nutrition	Gandhigram Rural Institute – Deemed University, Gandhigram, Dindigul	2007	82	I
2.	PG Diploma in Computer Applications	Cadd Cae Computers, Dindigul	2005	A+	I
3.	PG Diploma in Nutrition and Dietetics	Avinashilingam Institute for Home Science and Higher Education for Women, Coimbatore	2004	82	I with distinction
4.	B.Sc Food Science and Nutrition	Gandhigram Rural Institute – Deemed University, Gandhigram, Dindigul	2003	71	I

7. Qualified Examination : Passed UGC NET (National Eligibility Test – Home Science) in September 2012.

8. Awards/Honours received:

- Meritorious Fellowship award by the UGC, New Delhi under –RFSMS (Research Fellowship in Sciences for Meritorious Students) in 2009.
- Distinction received in PG Diploma in Nutrition and Dietetics in Avinashilingam – Deemed University, Coimbatore in 2004.

9. Experience :

Teaching : Handled classes for both UG and PG from 2009 – 2014 as a Meritorius Fellow of UGC.

Research: Served as a Project Fellow in a Project funded by the Department of Science and Technology in Gandhigram Rural Institute - Deemed University, Gandhigram, Dindigul from 2007 to 2008.

Research underwent:

- **Ph.D** - Supplementation to control anaemia
- **M.Sc.** – Nutrition Education intervention for Diabetes
- **B.Sc.** – Infant feeding and weaning practices

10. Training undergone:

- Internship training:**
- a)** Internship at Kongunad Hospital, Coimbatore. 1_{1/2} month (1st Feb'04 -15th March'04)
 - b)** Internship at NAGA (Ltd) Foods, Dindigul). Twenty days (3rd-22nd May'06)
 - c)** Internship at savorit (Ltd), Dindigul. 1 month (16th April'07 to 16th May'07)

11. Areas of Specialization : Food Science and Nutrition, Community Nutrition
Dietetics and Food Service Management**Areas of interest**

- Nutritional and Health Assessment
- Anaemia
- Diabetes Mellitus
- Infant feeding and weaning
- Therapeutic nutrition
- Adolescent health
- Women and health
- Nutrition education

12. Languages known : Tamil, English and Hindi**13. Subjects taught : Under graduate**

- Food Science
- Human Physiology
- Community Nutrition
- Dietetics

- Nutritional Biochemistry
- **Post Graduate**
- Advances in Food Science
- Advanced Nutrition I
- Advanced Nutrition II
- Therapeutic Nutrition
- Food Microbiology

14. Details of Publication : 23

List of Publications

JOURNALS

National - 3

International - 5

BOOK CHAPTERS - 3

CONFERENCES

National - 9

International - 3

JOURNALS

NATIONAL

1. **Angel,M and K.P.Vasantha Devi (2009). Impact of diabetic education intervention among adolescents, Journal of Global Health and Education**
2. **Angel,M and K.P.Vasantha Devi (2009). Impact of diabetic education intervention among adolescents, Journal of Extension and Research, ISSN No. 0972-351X, Vol. XII, No.1, July, Pp.79-81.**
3. **Angel,M and K.P.Vasantha Devi (2011). Prevalence of anaemia among adolescent girls, Journal of Extension and Research, ISSN No. 0972-351X, Vol. XIII, No. 1 & 2, January, Pp. 129-131.**

INTERNATIONAL

4. **Angel, M and K.P.Vasantha Devi (2011). Cognitive Levels of Selected Anaemic Adolescent Girls (12- 15 Years) on Anaemia.** Research Analysis and Evaluation, International Referred Research Journal, July, ISSN-0975-3486, RNI: RAJBIL 2009/30097, VOL-II*ISSUE 22, Pp.45,46.
5. **Angel, M and K.P.Vasantha Devi (2014). Evolving Iron Rich Recipe To Combat Anaemia.** International Research Journal of Management Science and Technology, ISSN – 2250 – 1959, Vol. 5, Issue. 8, Pp.36-45. **Impact Factor: 0.83.**
6. **Angel, M and K.P.Vasantha Devi (2014). Effect of Garden Cress Seed Incorporated Health Mix Among Selected Anaemic Adolescent Girls (12- 15 Years) in Dindigul District, Tamil Nadu, India.** International Journal of Science and Research, ISSN – 2319- 7064, Vol.3, Issue. 11, November, Pp.64-66. **Impact Factor: 3.358.**
7. **Angel, M and K.P.Vasantha Devi (2015). Therapeutic Impact of Garden Cress Seeds Incorporated Ladoo Among The Selected Anaemic Adolescent Girls (12- 15 Years).** Journal of Drug Discovery and Therapeutics, ISSN – 2320- 4230, Vol.3, Issue. 25, January, Pp.18-22. **Impact Factor: 3.825.**
8. **Angel, M and K.P.Vasantha Devi (2015). Nutritional Knowledge On Anaemia Among The Selected Anaemic Adolescent Girls (12-15 Years).** Quest International Multidisciplinary Research Journal, ISSN – 2278- 4497, Vol.IV, Issue.II, February, Pp.61-66. **Impact Factor: 6.89.**

BOOK CHAPTERS

9. **Angel, M and K.P.Vasantha Devi (2013). Anaemia among selected future mothers,** chapter, 36, Women in Society, ISBN: 978-93-313-1803-9, Pp.301-307.

10. Angel, M and K.P.Vasantha Devi (2013). **Probiotic – an elixir for human health**, Probiotics in sustainable food production: Current status and future prospects, Volume 1, Probiotic Foods, ISBN: 978-93-823 38-47-5, Pp.222-225.

11. Angel, M (2014). **Infant feeding practices in selected areas of Dindigul district**, C.Dhandapani, Facets of rural health in India, chapter 21, ISBN:978-81-8387-669-8, Pp.185-192.

SEMINARS/CONFERENCES ATTENDED AND PRESENTED

NATIONAL LEVEL

Participated and presented Papers/ Posters

- 1. M.Angel and Dr.K.P.Vasantha Devi, Need and Importance of Animal Food Processing**, in the UGC sponsored National level seminar on "Animal Food Processing" at V.V.Vanniaperumal College for women, Virudhunagar on 7th & 8th August 2008.
- 2. M.Angel and Dr.K.P.Vasantha Devi, Growth Challenges and opportunities of food processing industry**, in the UGC sponsored National level seminar on "Food Processing Industry in India: Growth Potential and Challenges" at Gandhigram Rural University, Gandhigram on 22nd and 23rd October 2008.
- 3. Dr.K.P.Vasantha Devi, D.Emershia Sharmin and M.Angel Evaluation and Acceptability of Selected Recipes with Natural Food Colours**, in the UGC sponsored National level seminar on "Food Processing Industry in India: Growth Potential and Challenges" at Gandhigram Rural University, Gandhigram on 22nd and 23rd October 2008.
- 4. M.Angel and Dr.K.P.Vasantha Devi, Occupational Diseases Among Textile Mill Workers And Preventive Approaches**, UGC sponsored National conference on "Environmental status and Health of workers involved in textile production" at Chikkanna Government Arts College, Tirupur on 3rd & 4th August 2009.

5. Participated in the 41st National Conference of the Nutrition Society of India **Chronic Diseases – The new Pandemic** held at the National Institute of Nutrition, ICMR, Hyderabad on 20-21 November 2009.
6. Annalakshmi, R., K.P.Vasantha Devi and **Angel, M.**, "**Socio – Economic Profile and Food Hygiene Practices Prevailing Among the Selected Street Food Vendors**" in the National level seminar on Food Safety Management in Dairy and Agro Based Food Products" at Gandhigram Rural Institute, Gandhigram on 22nd & 23rd January 2010, Pp.65.
7. Ganga Devi,N., **Angel,M** and K.P.Vasantha Devi, "**Formulated iron rich recipes by using locally available foods** " in the National level seminar on Food Safety Management in Dairy and Agro Based Food Products" at Gandhigram Rural Institute, Gandhigram on 22nd & 23rd January 2010, Pp.25.
8. Mangalanayaki,S., **M.Angel** and Dr.K.P.Vasantha Devi(2010) "**Effect of supplementation of Hypoglycemic mix on diabetic persons**", in the National Conference on Wholesome Nutrition: Challenges, scope and management, Nutrition Society of India, Mumbai on 19th & 20th November 2010.
9. **Angel, M** and Dr.K.P.Vasantha Devi (2011). "**A tool to prevent anaemia among adolescent girls**", in the XIth Tamil Science Congress, Gandhigram Rural Institute – Deemed University, Gandhigram – 624302, Dindigul, June 26 and 27, 2011, Pp.171.
10. **Angel,M** and K.P.Vasantha Devi (2013). "**Probiotic – an elixir for human health**", in the UGC and MOFPI sponsored National seminar on Probiotics in sustainable food production: Current status and future prospects, organized by Faculty of Agriculture and Animal Husbandry, Gandhigram Rural Institute – Deemed University, Gandhigram – 624302, Dindigul, March 15 and 16, 2013, Pp.59.

INTERNATIONAL CONFERENCES

11. Ganga Devi,N., **Angel,M** and K.P.Vasantha Devi (**2009**), **Evolving iron rich recipes using locally available foods**, in the International conference on Food Technology, organized by, Indian Institute of Crop Processing Technology, Thanjavaur, Tamil Nadu, from 28th to 29th August 2009, Pp.120,121.
12. Emershia Sharmine, D., **M. Angel** and K.P.Vasantha Devi (2009), **Incorporation of Natural Food Colours with Selected Recipes**, in the International conference on Food Technology, organized by, Indian Institute of Crop Processing Technology, Thanjavaur, Tamil Nadu, from 28th and 29th August 2009, Pp.130, 131.
13. Participated in the International Conference on Food Technology – Edition II on **Greening Food Processing Sector for Sustainable Safe Food Supply** conducted at Indian Institute of Crop Processing Technology, Thanjavur, Tamil Nadu on 30th and 31st October 2010.
14. **Angel, M** and K.P.Vasantha Devi (2011). **“Formulation of iron rich health mix to combat anaemia”**, in the International conference on Food and Nutraceuticals for nutrition and health: technology and delivery, organized by , Department of Food Science, Periyar University, Salem, TamilNadu, from 20th to 22nd January 2011, Pp. 177, 178.

NATIONAL / INTERNATIONAL WORKSHOPS ATTENDED

15. **National Workshop on Scientific Writing in Home Science, Extension and Rural Development** organized by the Department of Home Science, Gandhigram Rural Institute, Gandhigram(22nd & 23rd Feb 2010).
16. **International Workshop on HACCP and GMP in Food Industries and ISO Certification** conducted as part of the International Conference on Food Technology – Edition II at Indian Institute of Crop Processing Technology, Thanjavur, Tamil Nadu on 30th October 2010.

SYMPOSIUM ATTENDED

17. Sensitising Home Makers/ Dietitians/ Food Service Managers On The Desirable Features of Edible Oil For Health Promotion organized by Avinashilingam Deemed University and Indian Dietetic Association, Coimbatore Chapter, Coimbatore on 15th September 2003.

15. Specials talks given :

1. Delivered a talk in Rotary club, Dindigul on “Arockya Vazhvu” on 23rd September 2008.
2. Delivered a talk in Walkers club Dindigul on “ Diabetes “ on 31st May 2009
3. Have given interview in DD Podhigai for the programme “Araaichi Arangil” telecasted on 19.4.2014 and 26.4.2014.
4. Delivered lectures on nutrition, health and hygiene, anaemia and diabetes among school children and adolescents.

16. Other activities:

1. Have Given background voice for the film “Genesis of Gandhigram” (www.ruraluniv.ac.in)
2. Have won prizes in both college and intercollegiate level quiz competitions and other various competitions like , speech, singing, and acting.