

RESUME

Name : B. Rajalakshmi

Date of birth : 2-12-1981

Address:

Residential:

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Office:

PG Department of Nutrition and Dietetics,
Jamal Mohamed college,
Trichy-20.

Designation : Assistant professor

Educational Qualification:

Examination Passed	Board / College / University	Year & Month of Passing	Percentage Obtained / Passed
Higher Secondary	Board of Higher Secondary Education, Tamilnadu.	March 1999	78.16
B.Sc. Nutrition and Dietetics	Seethalakshmi Ramaswami College, Trichy-2.	April 2002	83.95
M.Sc. Food Service and Management and Dietetics	Cauvery College for Women, Trichy-18.	April 2004	86.53
SET (Home Science)	Bharathiyar University, Coimbatore (Nodal Agency)	March 2006	Passed
NET (Home Science)	UGC - NET, New Delhi.	December 2008	Passed
M.Phil. Foods & Nutrition	Mother Teresa University, Kodaikanal.	April 2010	Passed Theory papers with 76.6% & Dissertation with 82%

TEACHING EXPERIENCE:

- Under graduate: 8 years(from2006-till now)
- Post graduate: 4 years(from 2011-till now)
- Certificate course (Part-Time counselor in IGNOU programmes CFN,CNCC,DNHE): 6 years(from 2010-till now)

AREA OF SPECIALISATION:

Nutrition, Dietetics, Food Service Management and Food Science.

Languages known: Tamil and English

Subjects taught at UG, PG&CERTIFICATE COURSE:

- Microbiology, Microbiology Practicals
- Physiology, Physiology Practicals
- Food Science and Nutrition
- Food Science and Nutrition Practicals
- Basic Chemistry
- Basic Chemistry Practicals
- Community Health and Social Research
- Nutrition in Health and Diseases
- Population Education
- Indian Culture
- Environmental Studies
- Extension education, Preparation of Audio Visual aids for Rural Education.
- Nutritional Biochemistry
- Therapeutic nutrition
- Research methodology
- Human development
- Public health nutrition
- Pediatric nutrition
- Quantity food production
- Food and beverage skills
- Food and nutrition
- Child nutrition

MERITS IN ACADEMIC QUALIFICATION:

B.Sc. - Proficiency in Allied & Major subjects (First and Second place)

M.Sc. - Proficiency in Major subjects (Second Place)
University Fourth Rank Holder

PROJECTS DONE

- A study on women in unorganized sector (construction site) (Group Project) - UG.
- Prevalence of Hypertension among industrial canteen workers at BHEL, Tiruchiappalli District (Individual Project) - PG.
- A study on “Role of breakfast among working women in Vengur village at Tiruchirappalli District and formulation of suitable breakfast recipes” (Individual Project) – M.Phil Dissertation.

NUMBER OF PROJECTS GUIDED (AT UG LEVEL): 2

NUMBER OF PROJECTS GUIDED (AT PG LEVEL): 4

NUMBER OF PROJECTS GUIDING AT PRESENT (AT PG LEVEL): 1

PARTICIPATION AND PAPERS PRESENTED IN SEMINARS / CONFERENCES/SYMPOSIUM:

STATE LEVEL

- Participated in Poster presentation about “India is the Global capital for CVD by 2015”, organized by Department of Nutrition and Dietetics SR College, Trichy-2 and sponsored by TANSICHE, on 30th January,2009
- Presented a paper on “Health and Nutritional status of adolescent girls in India” held on 20th December 2010, organized by PG Department of Social Work, Jamal Mohamed College, Trichy-20.
- Participated in First Annual symposium on “Clinical nutrition”, organized by ALPHA hospitals on 28th February 2015, at Madurai.

NATONAL LEVEL

- Participated XXXVI, Annual National Convention of the "Indian Dietetic Association held at Women Christian College, Chennai on 5th and 6th December, 2003.
- Presented and awarded third prize in the paper entitled “Skipping of Breakfast among working women and formulation of suitable breakfast recipes – a nutritional study in “Biotechnological and Nanotechnological approaches in food processing”, organized by Department of Biochemistry, Microbiology, Biotechnology and Nutrition and Dietetics, Sengamala Thayaar Educational trust women’s college, Mannargudi, on 21st January,2012.
- Presented and Awarded, The Best paper entitled “Iron deficiency Anemia and adolescent sports girls” in “Optimizing nutritional support in health and disease” conference organized by Department of Home science, Queen Mary’s college, Chennai, on 28th January,2012.
- Participated in one day national seminar on “Art in everyday life”-UGC sponsored seminar, organized by Department of home science, SRcollege, Trichy on 5th December, 2013.

- Presented a poster paper on “Formulation of white sorghum and Bajra based Breakfast Mix with incorporation of selected fresh sources of nutraceutical substances of food”, in “Technologies and technologists for Indian food industries”, Organized by IICPT, Thanjavur, on 7&8th february,2014.
- Participated in one day national seminar on “ Emerging vogue in food habits and processing”, organized by Department of Nutrition and Dietetics, Aiman college Arts and science college for Women, Trichy,on21st August, 2015
- Presented a poster paper on, “Cooking quality of pearl millet based breakfast products- Rava dosa and Adai mixes,” in 47th Annual National conference organized by Nutrition Society of India, Hyderabad, on 9&10th of October 2015.

INTERNATIONAL

- Presented a paper on “Role of Breakfast among working women in Vengur Village (Thiruverumbur Taluk) at Tiruchirappalli District and formulation of suitable breakfast recipes” held between 20th to 22nd January 2011, organized by Department of Food Science, Periyar University, Salem.
- Presented a poster paper on “A Micro Health Profile Study on Skipping of Breakfast in working women”, in 4th Indo Korean conference, organized by Faculty of science and Home science, Avinashilingam Institute for Home science and Higher Education for Women, Coimbatore, during 10th and 11th February,2012.

PARTICIPATION IN WORKSHOP PROGRAMMES:

- Participated in a four day workshop entitled on , “LATEX and SPSS” organized by PG and research Department of Mathematics, Jamal Mohamed college, Trichy, from 22nd -25th of September, 2014.
- Participated in one day workshop entitled on, “E-Content development for teaching – learning” jointly organized by the Internal quality Assurance cell and JMC Alumni Association (Singapore chapter) on 22nd December,2015

INTERNSHIP TRAINING PROGRAMMES ATTENDED

- At Apollo Hospitals, Chennai (During 1-31st of March,2003 - one month training programme)
- At Cauvery College for Women (At Hostel- during 25th June to 22nd July , 2003- one month training programme), Trichy-18.

ACTED AS RESOURCE PERSON:

- Acted as a Judge in debate competition in UGC sponsored seminar on “Traditional Vs Modern dietary habits”,organized by Department of Nutrition and Dietetics, SR college, Trichy, on 7th September, 2010.
- Acted as a resource person in “International Biodiversity Day”, organized by Krishi vigyan Kendra, Karur, and delivered a lecture on “Nutritional security for Younger generation”, on 22th may 2012.

- Acted as a resource person in, “Development of Nutritional security through massive millet cultivation scheme”, delivered and demonstrated , “Benefits of Jowar and its recipes” organized by Department of Agriculture, TN Government, Manapparai, on 22th January 2013.

MEMBERSHIP IN ASSOCIATION:

Nutrition society of India - Life Member

OTHER INTEREST:

- Won consolation prize in the recipes contest and the recipe was published in snekidhi Tamil fortnightly magazine, during 16-30th November , 2010 edition
- Won second prize in the cookery competition organized by Leo club, Jamal Mohamed college, Trichy, on 9th of September, 2014.