

UNNAT BHARAT ABHIYAN CELL
Jamal Mohamed College (Autonomous) Trichy
AISHE CODE: 35832

Unnat Bharat Abhiyan (UBA)

The Unnat Bharat Abhiyan (UBA) Cell was created in our campus in the year 2019 with the vision of transformational change in rural development processes by leveraging knowledge institutions to help build the architecture of an Inclusive India. The Unnat Bharat Abhiyan (UBA) is a flagship program of the Ministry of Human Resource Development, with the intention to enrich rural India and the UBA cell of our college is functioning as an associate with Tamil Nadu Agriculture University (TNAU), Coimbatore as State Co-ordinating Agency and Indian Institute of Technology (IIT), Delhi as National Co-ordinating Agency. The UBA cell aims to create a vibrant relationship between the students and the society (i.e. Lab to Land as per UGC guidelines), with the latter providing the knowledge and technology support to improve the livelihoods in rural areas of Olaiyur, Gundur, Nagamangalam (CT), Punnampalayam and Mannachanullur. In this process the students would be re-oriented and connected to the rural realities.

ANNUAL REPORT 2019-2020

PROGRAMMES SCHEDULE

S.No	Date	Programme Title	Chief Guest	Place of the Programme	Name of Adopted Village	No of Beneficiaries	No of Students Benefited
1.	03.09.2019	Swachh Survekshan Grameen 2019	Mr.Nandha Kumar, District Officer, Swachh Bharat.	Community Hall	Olaiyur	25 people	39 Students
2.	03.09.2019	Inauguration of UBA camp	Hajee. M. J. Jamal Mohamed Sahib, Treasurer, JMC, Trichy. Dr. K. Abdus Samad, Assistant Secretary, JMC, Trichy.	Gallery	Olaiyur	200 people	24 Students
3.	04.09.2019	Eye Camp	Mrs. P. Subha Prabhu, Administrative officer, Joseph EyeHospital , Melaputhur, Trichy.	Community Hall	Olaiyur	94 people	24 Students
4.	04.09.2019	Veterinary Camp	Mr. K. Naveen Kumar, Village Administrative Officer.	Panchayat office opposite	Olaiyur	90 goats and 75 cows	24 Students
5.	04.09.2019	First Aid, Fire and Safety	Dr. K. Abdul Kafoor, Founder, Uyir Kakkum Karangal, Trichy. Mr. P. Mohan, Head of state leadership committee, Uyir Kakkum Karangal, Trichy. Mr. M. Allirasu , Emergency Medical Technician (EMT), GH, Trichy.	Government High School	Olaiyur	110 students	12 Students
6.	04.09.2019	Self Help Group	Ms. J. Stephy Julie Crystal, Trainer, Women Self Help Group, Hope Charity, Trichy.	Community Library, Men's Complex Near	Olaiyur	28 women	12 Students
7.	04.09.2019	Sports Competition	Mr.Raja, Cleark, Olaiyur	Government High School	Olaiyur	80 students	21 Students
8.	04.09.2019	Government schemes	Mr. M. Velusaami , Indian Overseas Bank, officer.	Gallery	Olaiyur	60 people	8 Students

9.	04.09.2019	Natural Agriculture and Natural Biological Living	Mr. A. Ramesh, Trustee, Nammazlvar Uyirchulal, Nadur, Suruman Pattu, Kadavur, Karur.	Community Hall	Olaiyur	50 people	24 Students
10.	05.09.2019	General HealthCamp	Dr. G. Rajarathinam, Star Kims Hospital, Thillainagar, Trichy.	Community Hall	Olaiyur	60 people	24 Students
11.	05.09.2019	Sports Competition	Ms. Saraswathi, SHG Member.	Government Primary School	Olaiyur	70 students	4 Students
12.	05.09.2019	The Noble Bharat	Mr. R. Nandha Kumar, District Coordinator, Swatch Bharat, Trichy	Gallery	Olaiyur	130 people	21 Students
13.	06.09.2019	Mental Health Camp	ATHMA Mental Health group.	Community Hall	Olaiyur	30 people	21 Students
14.	06.09.2019	Righteous Anger Programme	Dr. K. Sheik Fareeth, Project coordinator, Unnat Bharat Abiyan & Assistant Professor, Department of Social Work, JMC, Trichy.	Government Primary and HighSchool	Olaiyur	150 students	6 Students
15.	06.09.2019	Motivation Thought	Dr. K. Mohamad Umar Farook, Project member, UBA , Assistant Professor, Department of English, JMC, Trichy.	Lawrenz Matriculation School	Mullippatti	96 students	21 Students
16.	06.09.2019	Awareness on Alcoholism	Mr. M. Bharathi Mohan , Project Coordinator, Kajamalai Ladies Association, Trichy.	Gallery	Olaiyur	200 people	21 Students
17.	06.09.2019	Youth Awareness	Mr. M. Tiruneelakandan, District Youth Co ordinator, Nehru Yuvagendra , Trichy. Mr. R. Maheshwaran Accountant, Nehru Yuvagendra,	Aarogiya Maadha Aalayam	Olaiyur	20 youngsters	14 Students

			Trichy. Mr. J. Prabhakaran, Assistant professor, SVI College of Education and President of Mannachanallur union youth councilor , Trichy.				
18.	23.09.2019	Socio – Economic Survey	Mr. C. Veluchamy, Ex- President, Olaiyur	Olaiyur Main	Olaiyur	250 people	21 Students
19.	25.09.2019	Socio – Economic Survey	---	---	Olaiyur	250 people	14 Students
20.	08.10.2019	Prize Distribution	Dr. K. Sheik Fareeth, Project coordinator, Unnat Bharat Abiyan & Assistant Professor, Department of social work, JMC, Trichy.	Governme nt primary school	Olaiyur	80 students	39 Students
21.	14.10.2019	Socio – Economic Survey	Mr. C. Mukkan, Ex- President, Olaiyur	Olaiyur Main	Olaiyur	75 people	24 Students
22.	15.10.2019	Prize Distribution	Mr. M. Rajalingam, Assistant Professor, Department of Social Work, JMC, Trichy	Government High School	Olaiyur	45 students	68 Students
23.	18.10.2019	Socio – Economic Survey	---	---	Olaiyur	75 people	24 Students
24.	01.11.2019	Socio – Economic Survey	---	Poonampalaym Main	Poonampalayam	85 people	36 Students
25.	04.11.2019	Socio – Economic Survey	---	Poonampalaym Main	Poonampalayam	85 people	29 Students
26.	03.12.2019	Socio – Economic Survey	----	Gundur Main	Gundur	195 people	85 Students
27.	05.12.2019	Socio – Economic Survey Entered in UBA Portal	---	Gundur Main	Gundur	195 people	48 Students
28.	20.01.2020	Briefing session on Househ old Surveys		Ulundhangudi, athani, police colony	Manachanalur	50 students	64 Students

29.	21.01.2020	Socio – Economic Survey	Mr. Vijay, Ulundhangudi Councillor	Ulundhangudi, atthani, police colony	Manachanalur	450 people	48 Students
30.	22.01.2020	Socio – Economic Survey Entered in UBA Portal	---	Ulundhangudi atthani, police colony	Manachanalur	450 people	56 Students
31.	22.01.2020	Orientation about UBA Activities		Ulundhangudi & police colony	Manachanalur	60 students	32 Students
32.	23.01.2020	Socio – Economic Survey	Mr. Vijay, Ulundhangudi Councillor	Ulundhangudi & police colony	Manachanalur	325 people	35 Students
33.	24.01.2020	Socio – Economic Survey	----	Ulundhangudi & police colony	Manachanalur	325 people	8 Students
34.	02.02.2020	National ayush mission	Mr. S. Subaraman, Counseling Psychologist	Community Auditorium, Gandhi Nagar	Nagamangalam	50 people	4 Students
35.	02.02.2020	Swachh Swasth Sarvatra	Ms. A. Shivpoornima Anbuselvan, Visiting Professor, Dr.G.V.N Institute of Medical Science, Trichy	Community auditorium, Gandhi Nagar	Nagamangalam	50 people	55 Students
36.	19.02.2020	Orientation about Household Surveys	----	Gundur main	Gundur	55 Students	64 Students
37.	20.02.2020	Socio – Economic Survey	Ms. T. Lashmi, President	Gundur main	Gundur	520 people	64 Students
38.	21.02.2020	Socio – Economic Survey	----	Gundur main	Gundur	520 people	73 Students
39.	21.02.2020	Orientation about UBA Household Surveys		Nagamangalam Main	Nagamangalam	120 students	22 Students
40.	22.02.2020	Socio – Economic Survey	Mr. C. Vellaichamy, President	Nagamangalam Main	Nagamangalam	250 people	63 Students
41.	22.02.2020	Briefing session on Household Surveys	----	Barma colony	Gundur	---	31 Students
42.	22.02.2020	Socio – Economic Survey	Mr. C. Vellaichamy, President	Nagamangalam Main	Nagamangalam	225 people	63 Students
43.	24.02.2020	Briefing session on UBA Household Surveys	----	Manachanalur Main	Manachanalur	68 students	63 Students
44.	24.02.2020	Briefing session on UBA		Manachanalur Main	Manachanalur	60 Students	70 Students

		Activities					
45.	24.02.2020	Socio – Economic Survey	Ms. T. Lashmi, President	Gundur Main	Gundur	240 people	62 Students
46.	25.02.2020	Socio – Economic Survey	----	Nagamangalam Main	Nagamangalam	250 people	63 Students
47.	25.02.2020	Socio – Economic Survey	Mr. v. Mohan, Ex-President	Manachanalur Main	Manachanalur	350 people	5 Students
48.	25.02.2020	NATION ALDRUG HELPLINE	Mr. K. Selvam, Counselor, SOC SEAD	Government Primary School	Gundur	40 people	3 Students
49.	25.02.2020	Ill Effects of Alcoholism	Mr. M. Rajeshkannan, Counselor, KLA	Government primary School	Gundur	50 people	54 Students
50.	26.02.2020	Socio -Economic Survey	----	Nagamangalam Main	Nagamangalam	225 people	48 Students
51.	27.02.2020	Socio -Economic Survey	----	Barma colony	Gundur	210 people	68 Students
52.	28.02.2020	Socio- Economic Survey	----	Gundur Main	Gundur	240 people	68 students
53.	28.02.2020	HEALTH AND HYGIENE	Ms. A. Yasmin Fathimaa, Assistant Professor, Department of Nutrition and Dietetics, JMC, Trichy	Panchayat Union Middle School, Barma Colony	Gundur	78 students	13 Students
54.	28.02.2020	Rehabilitation for person with disability	Ms. E. Gnanaselvi, Special Educator, The Spastic Society	Panchayat Office, Kunnathur	Nagamangalam	65 women	30 Students
55.	29.02.2020	Noise on nutrition	Ms. C. Surya, nutritionist, pinch fitness & fericluy	Government primary school,	Gundur	30 students	13 Students
56.	03.03.2020	Live and Love	Mr. M. Sirajudeen, Assistant Professor, Department of Tamil, Jamal Mohamed College, Trichy	Housing Board Colony	Nagamangalam	50 people	6 Students
57.	07.03.2020	Ill Effects of Alcoholism	Mr. Karan Louis (pr) Mr. Lenin (sw) Mr. Gandhi (sw) Mr. Arasappan (de) Ms. Anandhi (psw)	Narayanapuram	Nagamangalam	95 people	10 Students
58.	09.03.2020	POSCO Protection of Children from Sexual Offences	Mr. S. Subaraman, Counseling Psychatist, Trichy	Community Auditorium, M.G.R Nagar	Nagamangalam	110 people	15 Students
59.	11.03.2020	Food and safety	Mr. C. R. Raja,	Panchayat	Nagamangalam	55 students	8 Students

			Executive Director, HEED India, Trichy	Union Primary School			
60.	01.04.2020	COVID-19 Relief Programme	Dr.K.N.Mohamed Fazil, Director-Hostel Administration, Jamal Mohamed College(Autonomous), Trichy.	Nehruji Nagar and Malar Nagar of Nagamangalam Panchayat	Nagamangalam	100 downtrodden families	3 Students
61.	09.04.2020	Counselling Programme for Government Isolated Negatives of COVID-19	Dr. K. Ramakrishnan, DPM, FIPS, a consultant Neuro-Psychiatrist and Managing Director of ATHMA Hospital, Trichy.	JMC Campus	JMC Campus	71 COVID suspected (Negative) patients	2 Students
62.	20.04.2020	COVID-19 Relief Programme- Groceries Bags	.A.K. Khaja Nazeemudeen, Secretary and Correspondent, Hajee.M.J.Jamal Mohamed, Treasurer, Dr. S. Ismail Mohideen, Principal, Jamal Mohamed College(Autonomous), Trichy.	Nehruji Nagar and Malar Nagar of Nagamangalam Panchayat	Gundur	Distributed 500 kg rice to the 100 downtrodden people of Ayanputhur	6 Students
63.	20.04.2020	COVID-19 Relief Programme - Groceries Bags	.A.K. Khaja Nazeemudeen, Secretary and Correspondent, Hajee.M.J.Jamal Mohamed, Treasurer, Dr. S. Ismail Mohideen, Principal, Jamal Mohamed College(Autonomous), Trichy.	Panchayat UnionOffice	Olaiyur	Distributed 625 kg rice to the 125 downtrodden people	2 Students
64.	21.04.2020	COVID-19 Relief Programme- Groceries Bags	Dr.K.N.Mohamed Fazil, Director-Hostel Administration, Jamal Mohamed College(Autonomous), Trichy.	Kolarpatti	Olaiyur	Distributed 500 kg rice to the 100 downtrodden people	2 Students
65.	21.04.2020	COVID-19 Relief Programme- Groceries Bags	Dr.K.N.Mohamed Fazil, Director-Hostel Administration, Jamal Mohamed College (Autonomous), Trichy.	Mudigandam	Olaiyur	Distributed 375 kg rice to the 75 downtrodden people	2 Students

Programme: 1



The Unnat Bharat Abhiyan Cell of Jamal Mohamed College (Autonomous), Tiruchirappalli-20 conducted the **Swachh Survekshan Grameen 2019** at **Community Hall, Olaiyur on 03.09.2019**. Mr. Nandha Kumar, District Officer, Swachh Bharat, explained about the Swachh Survekshan.

Programme: 2



The Unnat Bharat Abhiyan Cell of Jamal Mohamed College (Autonomous), Tiruchirappalli-20, and the PG and Research Department of Social Work, Jamal Mohamed College (Autonomous), Tiruchirappalli-20, cordially conducted the **Inaugural Ceremony of the Rural Camp at the Gallery of Olaiyur on 03.09.2019.** The Chief Guests, namely Haji. M.J. Jamal Mohamed Sahib, Treasurer; Dr. K. Abdus Samad, Assistant Secretary; Dr. A. Mohamed Ibraheem, Vice Principal of Jamal Mohamed College (Autonomous), Tiruchirappalli-20; and Mr. P. Elangovan, Head of Panchayat, Olaiyur, completed the inauguration ceremony successfully. The Unnat Bharath Abiyan 2.0 was inaugurated by Haji M.J. Jamal Mohamed Sahib, Treasurer of Jamal Mohamed College (Autonomous), Tiruchirappalli-20. The Unnat Bharat Vision 2.0 was made known to the community. In this inaugural address, the Treasurer highlighted the rural camp to be held in Olaiyur. In addition, the UBA board was launched in the village of Olaiyur.

Programme: 3



The Unnat Bharat Abhiyan Cell of Jamal Mohamed College (Autonomous), Tiruchirappalli-20, and the PG and Research Department of Social Work, Jamal Mohamed College (Autonomous), Tiruchirappalli-20 in collaboration with the Joseph Eye Hospital, Melaputhur, Trichy, jointly and cordially conducted the **Eye Camp** at the **Community Hall of Olaiyur on 04.09.2019**. The Eye camp was conducted in the presence of C. Veluchami and P. Sujitha Markirat. The guest of honour for the camp was Dr. Suganya. Mrs.B.Valarmathi, Minister for Social Welfare and Nutritious Noon Meal Programme, offered Rs. 5,000 for the needy person as a token of help towards surgery expenses for the person. Vehicles were arranged to bring senior citizens to the camp. The importance of eye care was highlighted by Dr. Suganya. The camp came to a successful closure, and tree saplings were also planted by the guests.

Programme: 4



The Unnat Bharat Abhiyan Cell of Jamal Mohamed College (Autonomous), Tiruchirappalli-20, and the PG and Research Department of Social Work, Jamal Mohamed College (Autonomous), Tiruchirappalli-20, in association with the Veterinary Pharmacy, Manikandam, Tiruchirappalli-12, conducted the **Veterinary Camp** in the **Panchayat Office opposite Olaiyur village from 10.00 a.m. to 01.00 p.m. on 04.09.2019, (Wednesday)**. The deworming, pregnancy injection, vaccination, and other tests Treatments are provided under this scheme through the Department of Veterinary Care, Government of Tamil Nadu. The camp was also conducted by social work students for the people of Olaiyur village in the presence of V. Gunaseeli. Mr. K. Naveen Kumar, Village Administrative Officer had participated as the chief guest and inaugurated the camp.

Programme: 5



The Unnat Bharat Abhiyan Cell of Jamal Mohamed College (Autonomous), Tiruchirappalli-20, and the PG and Research Department of Social Work, Jamal Mohamed College (Autonomous), Tiruchirappalli-20, in combination with the Uyir Kakkum Karangal, Tiruchirappalli-12, conducted the **First Aid, Fire and Safety** in the Government **High School, Olaiyur Village on 04.09.2019, (Wednesday)**.



The first aid awareness programme was conducted for the students of the high school in Olaiyur in the presence of Mrs. M.N. Bhuvana Kalyani and P. Umadevi. The guests of honour for the occasion were Dr. K. Abdul Kafoor, founder of Uyir Kakkum Karangal, Trichy. Mr. P. Mohan, Head of State Leadership Committee; Uyir Kakkum Karangal; Trichy; Mr. M. Allirasu, Emergency Medical Technician (EMT); Government Hospital; Trichy; Mr.P. Pulugandi; and Mr.M. Rama Krishnan. The guests presented information about first aid, fire services, and ambulance-related information for the students. The guests also demonstrated life-saving methods and techniques in critical situations.

Programme: 6



The Unnat Bharat Abhiyan Cell of Jamal Mohamed College (Autonomous), Tiruchirappalli-20, and the PG and Research Department of Social Work, Jamal Mohamed College (Autonomous), Tiruchirappalli-20, in combination with the Women Self-Help Group, Hope Charity, Trichy conducted the **“Hands on Training Programme”** in the Community Library, Men’s Complex Near Olaiyur on **04.09.2019, (Wednesday)**. Ms. J. Stephy Julie Crystal, Trainer, Women Self Help Group, Hope Charity, Trichy had trained the women on making Toys, Lunch bags and Baskets.

Programme: 7

The Unnat Bharat Abhiyan Cell of Jamal Mohamed College (Autonomous), Tiruchirappalli-20, and the PG and Research Department of Social Work, Jamal Mohamed College (Autonomous), Tiruchirappalli-20, cordially conducted the “**Sports Competition**” in the Government High School, Olaiyur on **04.09.2019, (Wednesday)**. The sports competition was conducted in the presence of Mr.Raja, Cleark, Olaiyur. This event was attended by 80 high school students and 21 college students, who all benefited from it.

Programme: 8

The Unnat Bharat Abhiyan Cell of Jamal Mohamed College (Autonomous), Tiruchirappalli-20, and the PG and Research Department of Social Work, Jamal Mohamed College (Autonomous), Tiruchirappalli-20, cordially conducted the awareness programme on “**Government Schemes**” in the Gallery of Olaiyur at 6.00 p.m. on **04.09.2019, (Wednesday)**. The programme was started in the presence of Mr. I. Lawrence tamizmani and Mr. A. Rayappan, Mr. A. Innasi muthu mani, Mr.G. Thomaiyur. Mr. M. Velusaami, an officer of the Indian Overseas Bank, gave a special address in which he explained clearly the government's schemes for people, particularly women and youth. There were 60 people and 8 students who participated in this programme and they also benefitted from it.

Programme: 9

The Unnat Bharat Abhiyan Cell of Jamal Mohamed College (Autonomous), Tiruchirappalli-20, and the PG and Research Department of Social Work, Jamal Mohamed College (Autonomous), Tiruchirappalli-20, cordially conducted the awareness programme on “**Natural Agriculture and Natural Biological Living**” in the Community Hall, Olaiyur on **04.09.2019, (Wednesday)**. Mr. A. Ramesh (Nammazhvar Uyirchuzlal Maintainer, Mediator, Sudumanppattu, Kadavur, Karur) had delivered a special address and explained clearly about natural farming and the demerits of pesticides. There were 50 people and 24 students who participated in this programme and they also benefitted from it.

Programme: 10



The Unnat Bharat Abhiyan Cell of Jamal Mohamed College (Autonomous), Tiruchirappalli-20, and the PG and Research Department of Social Work, Jamal Mohamed College (Autonomous), Tiruchirappalli-20, in association with the Star Kims Hospital, Thillainagar, Trichy conducted the “**General Health Camp**” in the Community Hall, Olaiyur on **05.09.2019 (Thursday)**. Dr. G. Rajarathinam and Dr.M. Nather Hussain, Star Kims Hospital, Thillainagar, Trichy provided treatment to the people.

Programme: 11

The Unnat Bharat Abhiyan Cell of Jamal Mohamed College (Autonomous), Tiruchirappalli-20, and the PG and Research Department of Social Work, Jamal Mohamed College (Autonomous), Tiruchirappalli-20, cordially conducted the “**Sports Competition**” in the Government Primary School, Olaiyur on **05.09.2019, (Thursday)**. Ms. Saraswathi and Self-Help Group Member Olaiyur were present as the sports competition began. This event was attended by 70 high school students and four college students, all of whom benefited from it.

Programme: 12

The Unnat Bharat Abhiyan Cell of Jamal Mohamed College (Autonomous), Tiruchirappalli-20, and the PG and Research Department of Social Work, Jamal Mohamed College (Autonomous), Tiruchirappalli-20, cordially conducted the awareness Programme on “**The Noble Bharat**” in the Gallery of Olaiyur on **05.09.2019, (Thursday)**. Mr. R. Nandha Kumar, District Coordinator, Swatch Bharat, Trichy. This programme was attended by 130 people, including 21 students, who benefited from it as well.

Programme: 13



The Unnat Bharat Abhiyan Cell of Jamal Mohamed College (Autonomous), Tiruchirappalli-20, and the PG and Research Department of Social Work, Jamal Mohamed College (Autonomous), Tiruchirappalli-20, in collaboration with the ATHMA Mental Health Group, Trichy conducted the “**Mental Health Camp**” in the Community Hall, Olaiyur on **06.09.2019**. The mental health camp in the presence of Mr.V.Raja and Ms.L.Sarawathi. Dr.G Aravindhana and the ATHMA Mental Health Group had delivered a special address about the Mental Health of the people. More than 30 people received mental health treatment for the first time, and 21 students participated in and benefited from this camp, which was the first of its kind. The camp ended successfully with the tree sapling plantation.

Programme: 14



The Unnat Bharat Abhiyan Cell of Jamal Mohamed College (Autonomous), Tiruchirappalli-20, and the PG and Research Department of Social Work, Jamal Mohamed College (Autonomous), Tiruchirappalli-20, conducted an awareness programme on “**Righteous Anger**” in the Government Primary and High School, Olaiyur on **06.09.2019**. The Righteous Anger Programme was conducted to the children of the Primary School, Olaiyur, in the presence of Mrs.R. Dhanalakshmi and Mrs.P. Umadevi, Mr.Arockiyaraj and Mr.Govindaraj, Head Master. Mrs.N. Shanmuga Priya, Mrs.P. Aruna and Dr.G Aravindhan, Director, Athma Special School and Dr. K. Sheik Fareeth, Project Co-ordinator, Unnat Bharat Abiyan and Assistant Professor, Department of Social Work, Jamal Mohamed College (Autonomous), Tiruchirappalli-20 had delivered the special address about Righteous Anger among students. They delivered a speech to the children about the distinction between good and bad touch.

A demonstration was shown on different information planning techniques. There were more than 150 high school students and six college students who participated in and benefited from this programme.

Programme: 15

The Unnat Bharat Abhiyan Cell of Jamal Mohamed College (Autonomous), Tiruchirappalli-20, and the PG and Research Department of Social Work, Jamal Mohamed College (Autonomous), Tiruchirappalli-20, conducted an awareness programme on “**Motivation Thought**” in the Lawrenz Matriculation School, Mullippatti, Olaiyur on **06.09.2019**. The Awareness Programme was conducted in the presence of Mr.P. Jayaraj and the Teachers. Dr. K. Mohamed Umar Farooq, Assistant Professor, Department of English, Jamal Mohamed College (Autonomous), Tiruchirappalli-20 had explained about the importance of positive thinking, while facing problems in life, etc. There were 96 school students and 21 college students who participated in and benefited from this programme.

Programme: 16



The Unnat Bharat Abhiyan Cell of Jamal Mohamed College (Autonomous), Tiruchirappalli-20, and the PG and Research Department of Social Work, Jamal Mohamed College (Autonomous), Tiruchirappalli-20, conducted an awareness programme on “**Alcoholism**” in the Gallery, Olaiyur on **06.09.2019**. The Awareness Programme was conducted in the presence of Mr. A. Arumairaj, Ex-Counsellor, Olaiyur. Mr.M.Bharathi Mohan, Project Coordinator, Kajamalai Ladies Association, Trichy delivered the special address about alcoholism through singing among people. The alcohol awareness cultural program was conducted by Mr.P. Lenin and Mr.S. Gandhi, Social workers, Kajamalai Ladies Association, Trichy. There were 200 people and 21 students present who and equally benefited from this programme.

Programme: 17



The Unnat Bharat Abhiyan Cell of Jamal Mohamed College (Autonomous), Tiruchirappalli-20, and the PG and Research Department of Social Work, Jamal Mohamed College (Autonomous), Tiruchirappalli-20, conducted the awareness programme on “**Youth Awareness**” in the Aarogiya Maadha Aalayam, Olaiyur on **06.09.2019**. Mr.Tiruneelakandan, District Youth Co ordinator, Nehru Yuvagendra, Trichy, Mr.R.Maheshwaran Accountant, Nehru Yuvagendra, Trichy, Mr.J.Prabhakaran, Assistant Professor, SVI College of Education and President of Mannachanallur Union Youth Councilor, Trichy had delivered the special address about enlightened on the importance of youth culture and the role of youth in nation building. The programme came to an end with massive success. There were 20 youth and 14 Students who participated in this awareness programme and benefitted from it.

Programme: 18



The Unnat Bharat Abhiyan Cell of Jamal Mohamed College (Autonomous), Tiruchirappalli-20 conducted the survey on “**Socio-Economic Survey**” in Olaiyur Village on **23.09.2019**. The survey started in the presence of Mr. C. Veluchamy, Former President, Olaiyur. The Socio-Economic Survey data was collected from 250 people, including 21 students.

Programme: 19

The Unnat Bharat Abhiyan Cell of Jamal Mohamed College (Autonomous), Tiruchirappalli-20 conducted the survey on “**Socio-Economic Survey**” in Olaiyur Village on **25.09.2019**. The survey started in the presence of Mr. C. Veluchamy, Former President, Olaiyur. The Socio-Economic Survey data was collected from 250 people through 14 students.

Programme: 20

The Unnat Bharat Abhiyan Cell of Jamal Mohamed College (Autonomous), Tiruchirappalli-20 had conducted the programme on “**Prize Distribution**” in the Government Primary School, Olaiyur Village, Tiruchirappalli on **08.10.2019**. Dr. K. Sheik Fareeth, Project Co-ordinator, Unnat Bharat Abhiyan & Assistant Professor, Department of Social Work, Jamal Mohamed College (Autonomous), Tiruchirappalli-20 handed out prizes to the sports competition winners. There were 80 school students who won prizes in various sports competitions.

Programme: 21

The Unnat Bharat Abhiyan Cell of Jamal Mohamed College (Autonomous), Tiruchirappalli-20 conducted the survey on “**Socio-Economic Survey**” in Olaiyur Village on **14.10.2019**. The survey started in the presence of Mr. C. Mukkan, Former President, Olaiyur. The Socio-Economic Survey data collected from 75 people, including 24 students.

Programme: 22

The Unnat Bharat Abhiyan Cell of Jamal Mohamed College (Autonomous), Tiruchirappalli-20 had conducted the programme on “**Prize Distribution**” in the Governemnt High School, Olaiyur Village, Tiruchirappalli on **15.10.2019**. Mr. M. Rajalingam, Assistant Professor, Department of Social Work, Jamal Mohamed College (Autonomous), Tiruchirappalli-20 had distributed the Prizes to the winners of the sports competition. There were 45 school students awarded prizes in various sports competitions.

Programme: 23

The Unnat Bharat Abhiyan Cell of Jamal Mohamed College (Autonomous), Tiruchirappalli-20 conducted the survey on “**Socio-Economic Survey**” in Olaiyur Village on **18.10.2019**. The survey started in the presence of Mr. C. Mukkan, Former President, Olaiyur. The Socio-Economic Survey data was collected from 75 people, including 24 students.

Programme: 24



The Unnat Bharat Abhiyan Cell of Jamal Mohamed College (Autonomous), Tiruchirappalli-20 conducted the survey on “**Socio-Economic Survey**” in Poonampalayam Village on **01.11.2019**. The Socio-Economic Survey data was collected from 85 people, including 36 students.

Programme: 25

The Unnat Bharat Abhiyan Cell of Jamal Mohamed College (Autonomous), Tiruchirappalli-20 conducted the survey on “**Socio-Economic Survey**” in Poonampalayam Village on **04.11.2019**. The Socio-Economic Survey data was collected from 85 people, including 29 students.

Programme: 26



The Unnat Bharat Abhiyan Cell of Jamal Mohamed College (Autonomous), Tiruchirappalli-20 conducted the survey on “**Socio-Economic Survey**” in Gundur Village on **03.12.2019**. The Socio-Economic Survey data was collected from 195 people, including 85 students.

Programme: 27

The Unnat Bharat Abhiyan Cell of Jamal Mohamed College (Autonomous), Tiruchirappalli-20 conducted the survey on “**Socio-Economic Survey**” in Gundur Village on **05.12.2019**. The Socio-Economic Survey data was collected from 195 people, including 48 students.

Programme: 28



The Unnat Bharat Abhiyan Cell of Jamal Mohamed College (Autonomous), Tiruchirappalli-20 conducted the survey on “**Briefing session on Household Surveys**” in Ulundhangudi, Atthani, Police Colony, Manachanalur on **20.01.2020**. The Socio-Economic Survey data was collected from the people including 50 students.

Programme: 29

The Unnat Bharat Abhiyan Cell of Jamal Mohamed College (Autonomous), Tiruchirappalli-20 conducted the survey on **“Socio-Economic Survey”** in Ulundhangudi, Atthani, Police Colony, Manachanalur on **21.01.2020**. The survey started in the presence of Mr. Vijay, Ulundhangudi, Councillor, Manachanalur. The Socio-Economic Survey data was collected from 450 people, including 48 students.

Programme: 30

The Unnat Bharat Abhiyan Cell of Jamal Mohamed College (Autonomous), Tiruchirappalli-20 conducted the survey on **“Socio - Economic Survey Entered in UBA Portal”** in Ulundhangudi, Atthani, Police Colony, Manachanalur on **22.01.2020**. The Socio-Economic Survey data was collected from 450 people, including 56 students.

Programme: 31



The Unnat Bharat Abhiyan Cell of Jamal Mohamed College (Autonomous), Tiruchirappalli-20 conducted the programme on **“Orientation about UBA Activities”** in Ulundhangudi, Atthani, Police Colony, Manachanalur on **22.01.2020**. There were 60 high school students and 32 college Students who benefited from this programme.

Programme: 32

The Unnat Bharat Abhiyan Cell of Jamal Mohamed College (Autonomous), Tiruchirappalli-20 conducted the survey on “**Socio-Economic Survey**” in Ulundhangudi, Atthani, Police Colony, Manachanalur on **23.01.2020**. The survey started in the presence of Mr. Vijay, Ulundhangudi, Councillor, Manachanalur. The Socio-Economic Survey data was collected from 325 people through 35 students.

Programme: 33

The Unnat Bharat Abhiyan Cell of Jamal Mohamed College (Autonomous), Tiruchirappalli-20 conducted the survey on “**Socio-Economic Survey**” in Ulundhangudi, Atthani, Police Colony, Manachanalur on **24.01.2020**. The Socio-Economic Survey data was collected from 325 people, including 8 students.

Programme: 34

The Unnat Bharat Abhiyan Cell of Jamal Mohamed College (Autonomous), Tiruchirappalli-20 conducted the programme on “**National Ayush Mission**” in the Community Auditorium, Gandhi Nagar, Nagamangalam on **02.02.2020**. Mr. S. Subaraman, Counseling Psychologist delivered the special address and explained that the basic objective of the National Ayush Mission (NAM) is to promote AYUSH medical systems through cost effective AYUSH services, the strengthening of educational systems, facilitation of the enforcement of quality control of Ayurveda, Siddha and Unani and Homoeopathic (ASU and H) drugs and sustainable availability of ASU and H raw materials. There were more than 50 people and four students participated in and benefited from this programme.

Programme: 35

The Unnat Bharat Abhiyan Cell of Jamal Mohamed College (Autonomous), Tiruchirappalli-20 held a programme title “**Swachh Swasth Sarvatra**” in the Community Auditorium, Gandhi Nagar, Nagamangalam on **02.02.2020**. Ms.A.Shivpoornima Anbuselvan, Visiting Professor, Dr.G.V.N Institute of Medical Science, Trichy delivered the special address and explained that the Swachh Swasthya Sarvatra is a part of the Union Government’s flagship Swachh Bharat Mission and is focused on the twin objectives of constructing toilets and enabling behavioural change. It is a joint initiative of the Ministry of Health and the Ministry of Drinking Water and Sanitation to achieve better health outcomes through improved sanitation and increase awareness about healthy lifestyles. Its objective is to build on and the leverage achievements of two complementary programmes: Swachh Bharat Mission (SBM) and Kayakalp. Under it, financial assistance worth 10 lakh rupees will be given to the community health centres so that they can be strengthened to meet the standards of sanitation, hygiene and infection control. Along with this, Union Health Minister J P Nadda and Union HRD Minister Prakash Javadekar also jointly launched a booklet, Healthy Children Healthy India. The booklet contains tips on leading a healthy life for children. There were more than 50 people and 55 students who participated in and benefited from this programme.

Programme: 36

The Unnat Bharat Abhiyan Cell of Jamal Mohamed College (Autonomous), Tiruchirappalli-20 conducted the survey on “**Orientation about Household Surveys**” in Gundur on **19.02.2020**. The Orientation about Household Surveys was collected from 55 students.

Programme: 37

The Unnat Bharat Abhiyan Cell of Jamal Mohamed College (Autonomous), Tiruchirappalli-20 conducted the survey on “**Socio-Economic Survey**” in Gundur on **20.02.2020**. The survey started in the presence of Ms. T. Lashmi, President, Gundur, Tiruchirappalli. The Socio-Economic Survey data was collected from 520 people through 64 students.

Programme: 38

The Unnat Bharat Abhiyan Cell of Jamal Mohamed College (Autonomous), Tiruchirappalli-20 conducted the survey on “**Socio-Economic Survey**” in Gundur on **21.02.2020**. The survey started in the presence of Ms. T. Lashmi, President, Gundur, Tiruchirappalli. The Socio-Economic Survey data was collected from 520 people, including 73 students.

Programme: 39

The Unnat Bharat Abhiyan Cell of Jamal Mohamed College (Autonomous), Tiruchirappalli-20 conducted the survey on “**Orientation about Household Surveys**” in Nagamangalam on **21.02.2020**. The Orientation about Household surveys collected data from 120 students..

Programme: 40

The Unnat Bharat Abhiyan Cell of Jamal Mohamed College (Autonomous), Tiruchirappalli-20 conducted the survey on **“Socio-Economic Survey”** in Nagamangalam on **22.02.2020**. The survey started in the presence of Mr. C. Vellaichamy, President, Nagamangalam, Tiruchirappalli. The Socio-Economic Survey data was collected from 250 people including 63 students.

Programme: 41

The Unnat Bharat Abhiyan Cell of Jamal Mohamed College (Autonomous), Tiruchirappalli-20 conducted the survey on **“Briefing Session on Household Survey”** in Barma colony, Gundur on **22.02.2020**. The Socio-Economic Survey data was collected from 31 students.

Programme: 42

The Unnat Bharat Abhiyan Cell of Jamal Mohamed College (Autonomous), Tiruchirappalli-20 conducted the survey on **“Socio-Economic Survey”** in Nagamangalam on **22.02.2020**. The survey started in the presence of Mr. C. Vellaichamy, President, Nagamangalam, Tiruchirappalli. The Socio-Economic Survey data was collected from 225 people through 63 students.

Programme: 43

The Unnat Bharat Abhiyan Cell of Jamal Mohamed College (Autonomous), Tiruchirappalli-20 conducted the survey at the “**Briefing Session on UBA Household Survey**” in Manachanalur on **24.02.2020**. The Socio-Economic Survey data was collected from 68 students.

Programme: 44

The Unnat Bharat Abhiyan Cell of Jamal Mohamed College (Autonomous), Tiruchirappalli-20 conducted the survey on “**Briefing Session on UBA Activities**” in Manachanalur on **24.02.2020**. The Socio-Economic Survey data was collected from 60 students.

Programme: 45

The Unnat Bharat Abhiyan Cell of Jamal Mohamed College (Autonomous), Tiruchirappalli-20 conducted the survey on “**Socio-Economic Survey**” in Nagamangalam on **24.02.2020**. The survey started in the presence of Ms. T. Lashmi, President, Gundur, Tiruchirappalli. The Socio-Economic Survey data was collected from 240 people, including 62 students.

Programme: 46

The Unnat Bharat Abhiyan Cell of Jamal Mohamed College (Autonomous), Tiruchirappalli-20 conducted the survey on “**Socio-Economic Survey**” in Nagamangalam on **25.02.2020**. The Socio-Economic Survey data was collected from 250 people, including 63 students.

Programme: 47

The Unnat Bharat Abhiyan Cell of Jamal Mohamed College (Autonomous), Tiruchirappalli-20 conducted the survey on “**Socio-Economic Survey**” in Manachanalur on **25.02.2020**. The survey started in the presence of Mr. V. Mohan, Former President, Tiruchirappalli. The Socio-Economic Survey data was collected from 350 people, including 5 students.

Programme: 48

The Unnat Bharat Abhiyan Cell of Jamal Mohamed College (Autonomous), Tiruchirappalli-20 in association with the SOC SEAD, Tiruchirappalli conducted an awareness programme on “**National Drug Helpline**” in the Government Primary School, Gundur, Tiruchirappalli on **25.02.2020**. Mr. K. Selvam, Counselor, SOC SEAD, Tiruchirappalli delivered the special address about the National Drug Helpline. There were more than 40 people, and three students participated in and benefited from this programme.

Programme: 49



The Unnat Bharat Abhiyan Cell of Jamal Mohamed College (Autonomous), Tiruchirappalli-20 in collaboration with the Kajamalai Ladies Association (KLA), Tiruchirappalli conducted an awareness programme on “**Ill Effects of Alcoholism**” in the Government Primary School, Gundur, Tiruchirappalli on **25.02.2020**. Mr.M.Rajeshkannan, Counselor, Kajamalai Ladies Association (KLA), Tiruchirappalli had delivered the special address about the Ill Effects of Alcoholism. Chronic heavy drinking can also cause permanent brain damage, including Wernicke-Korsakoff syndrome, a brain disorder that affects memory. There were more than 50 people and 54 students who participated in and benefited from this programme.

Programme: 50

The Unnat Bharat Abhiyan Cell of Jamal Mohamed College (Autonomous), Tiruchirappalli-20 conducted the survey on “**Socio-Economic Survey**” in Nagamangalam on **26.02.2020**. The Socio-Economic Survey data was collected from 225 people, including 48 students.

Programme: 51

The Unnat Bharat Abhiyan Cell of Jamal Mohamed College (Autonomous), Tiruchirappalli-20 conducted the survey on “**Socio-Economic Survey**” in Burma Colony, Gundur, Tiruchirappalli on **27.02.2020**. The Socio-Economic Survey data was collected from 210 people, including 68 students.

Programme: 52

The Unnat Bharat Abhiyan Cell of Jamal Mohamed College (Autonomous), Tiruchirappalli-20 conducted a survey on “**Socio-Economic Survey**” in Gundur, Tiruchirappalli on **28.02.2020**. The Socio-Economic Survey data was collected from 240 people, including 68 students.

Programme: 53

The Unnat Bharat Abhiyan Cell of Jamal Mohamed College (Autonomous), Tiruchirappalli-20 conducted an awareness programme on “**Health and Hygiene**” in the Panchayat Union Middle School, Barma Colony, Gundur, Tiruchirappalli on **28.02.2020**. Ms. A. Yasmin Fathimaa, Assistant Professor, Department of Nutrition and Dietetics, Jamal Mohamed College (Autonomous), Tiruchirappalli-20, gave a special address about Hygiene refers to good practices and rituals that prevent diseases

and lead to good health. Thus, it mainly includes proper sewage disposal, cleanliness, and a safe drinking water supply. So, it includes all the activities that are done for preserving, improving as well as maintaining sound health. There were 78 school students and 13 college students who participated in and benefited from this programme.

Programme: 54

The Unnat Bharat Abhiyan Cell of Jamal Mohamed College (Autonomous), Tiruchirappalli-20 held an awareness programme on “**Rehabilitation for person with disability**” in the Panchayat Office, Kunnathur, Nagamangalam, Tiruchirappalli on **28.02.2020**. Ms. E. Gnanaselvi, Special Educator, The Spastic Society, Tiruchirappalli gave a special lecture about the Rehabilitation of people with disabilities. By this programme 65 women and 30 Students were benefited.

Programme: 55

The Unnat Bharat Abhiyan Cell of Jamal Mohamed College (Autonomous), Tiruchirappalli-20 conducted the awareness programme on “**Noise on Nutrition**” in the Government Primary School, Gundur, Tiruchirappalli on **29.02.2020**. Ms. C. Surya, Nutritionist, Pinch Fitness & Fericluy, Tiruchirappalli had special address about how a nutritionally sound diet comprises five characteristics: adequacy, balance, calorie control, moderation, and variety. There were 30 high school students and 13 college students who benefited from this programme.

Programme: 56

The Unnat Bharat Abhiyan Cell of Jamal Mohamed College (Autonomous), Tiruchirappalli-20 conducted the awareness programme “**Live and Love**” in the Housing Board Colony, Nagamangalam, Tiruchirappalli on **03.03.2020**. Mr. M. Sirajudeen, Assistant Professor, Department of Tamil, Jamal Mohamed College, Tiruchirappalli-20 gave a special address about living and loving with others such as parents, friends and people with humanity. This programme benefited 50 people, including six college students.

Programme: 57

The Unnat Bharat Abhiyan Cell of Jamal Mohamed College (Autonomous), Tiruchirappalli-20 conducted the awareness programme on “**Ill Effects of Alcoholism**” at Narayanapuram, Nagamangalam, Tiruchirappalli on **07.03.2020**. Mr. Karan Louis (PR), Mr. Lenin (SW), Mr. Gandhi (SW), Mr. Arasappan (DE) and Ms. Anandhi (PSW) had delivered the special address about the Ill Effects of Alcoholism that Chronic heavy drinking can also cause permanent brain damage, including Wernicke-Korsakoff syndrome, a brain disorder that affects memory. There were more than 95 people and 10 students participated in and benefited from this programme.

Programme: 58

The Unnat Bharat Abhiyan Cell of Jamal Mohamed College (Autonomous), Tiruchirappalli-20 conducted the awareness programme on **“POSCO Protection of Children from Sexual Offences”** in the Community Auditorium, M.G.R Nagar, Nagamangalam, Tiruchirappalli on **09.03.2020**. Mr. S. Subaraman, Counselling Psychiatrist, Tiruchirappalli had explained about the Protection of Children from Sexual Offences Act, 2012. An Act to protect children from offences of sexual assault, sexual harassment and pornography and provide for the establishment of Special Courts for the trial of such offences and for matters connected with or incidental thereto. Through this programme 110 people and 15 students participated in and benefited from it.

Programme: 59

The Unnat Bharat Abhiyan Cell of Jamal Mohamed College (Autonomous), Tiruchirappalli-20 conducted an awareness programme on **“Food and Safety”** in the Panchayat Union Primary School, Nagamangalam, Tiruchirappalli on **11.03.2020**. Mr. C. R. Raja, Executive Director of HEED India, had explained the significance of food safety and the rules governing it. There were 55 high school students and eight college students who participated in and benefited from this programme.

COVID-19 ACTIVITIES

Programme: 60



With the support of college principal and magnanimous management, The Unnat Bharat Abhiyan (UBA) Cell - Jamal Mohamed College (Autonomous), Tiruchirappalli-20 had distributed the sanitizers, face mask and 500 kg of rice to the 100 downtrodden families of Nehruji Nagar and Malar Nagar of Nagamangalam Panchayat on 1st April, 2020.

Programme: 61



In order to support and assist the State Government and Local Administration to overcome the chaotic corona pandemic, the College has generously facilitated the college campus to be used as Isolation Ward for suspected COVID-19 patients under testing. In this regard, As part of decongesting the isolation wards at the Mahatma Gandhi government hospital- Tiruchirappalli, 71 suspected patients under testing were shifted from GH to Jamal Mohamed College (Autonomous), Tiruchirappalli on 9th April, 2020. The patients were found to be under depression and struck with anxiety due to the isolation. As per the principal's instruction and with the due permission from the collectorate and other authorities, the UBA cell of Jamal Mohamed College (Autonomous), Tiruchirappalli organized a counselling programme for isolated patients under testing in association with the ATHMA Hospital, Trichy.

Programme: 62



Distributed 500 kg rice to the 100 downtrodden peoples of Ayanputhur village of Gundur village on 20.04.2020. Mr. Lakshmi Thiru Murugan -Village President, Dr.A.K. Khaja Nazeemudeen, Secretary and Correspondent, Hajee.M.J.Jamal Mohamed, Treasurer, Dr.S.Ismail Mohideen, Principal, Dr. H.E.Syed Mohamed, Assistant Professor of Zoology and Member Trustee, Nal Ullangal (An Alumni Association of JMC Students) and Dr.Sheik Fareeth, UBA Co-ordinator were distributed the rice bags to needy people.

Programme: 63



Distributed 625 kg rice to the 125 downtrodden peoples of Olaiyur village on 20.04.2020. Mr. Lakshmi Thiru Murugan -Village President, Dr.A.K. Khaja Nazeemudeen, Secretary and Correspondent, Hajee.M.J.Jamal Mohamed, Treasurer, Dr. S. Ismail Mohideen, Principal, Dr. H.E.Syed Mohamed, Assistant Professor of Zoology and Member Trustee, Nal Ullangal (An Alumni Association of JMC Students) and Dr.Sheik Fareeth, UBA Co-ordinator were distributed the rice bags to needy people.

Programme: 64



Distributed 500 kg rice to the 100 downtrodden peoples of Kolarpatti in front of Arokiamatha Church on 21.04.2020. Mr. Chinna Thambi-Village President, Mr. Kanagaraj, Counsellor, Dr.Fazil- Director, Dr.Syed, Trustee, Nal Ullangal Trust and Dr.Sheik Fareeth, UBA Co-ordinator were distributed the rice bags to needy people.

Programme: 65



Distributed 375 kg rice to the 75 downtrodden peoples of Mudigandam village in front of Village Panchayat Office on 21.04.2020. Mr. Chinna Thambi-Village President, Mr. Kanagaraj, Counsellor, Dr.Fazil- Director, Dr.Syed, Trustee, Nal Ullangal Trust and Dr.Sheik Fareeth, UBA Co-ordinator were distributed the rice bags to needy people.
